

SLC NEWS

Volume 8

SLC is an innovative, public, tuition-free school for K-12 students

October 2015



A MESSAGE FROM OUR PRINCIPAL . . .

Hi there Summit students and families! I hope that everyone got a chance to enjoy the 'supermoon' this past weekend. It was a beautiful site. My kids ran around in the field under the moonlight until they were breathless and exhausted. I think they were more excited about running and spinning in the dark than they were about the celestial event in the sky.

Five Simple Tips to the the most out of this year!

1. Actively Engage your brain: Take notes, it does not matter how - just capture the info!
2. Create your own flash cards: It helps promote recall and memorization.
3. Make a personal connection: Try to interpret the lesson in your own words.
4. Plan your study time into short bursts.
5. Connect with your teachers!!! Call, email, schedule one-on-one tutoring, or visit our center.

This week, Summit students are being asked to complete Fall MAPS assessment. Two short skill assessments in reading and math that will provide timely insight for their future achievements in school. We will also conduct a Winter MAPS assessment in January. Once these sessions are completed a report will be sent to the parent's email with some instruction for interpretation. It is a terrific tool to discover your learner's strengths and challenges.

Some folks may already be wondering about Smarter Balanced assessments. Those take place in the Spring after the break.

The school and district report cards will be coming available shortly. Nearly all schools received a waiver from school ranking last year because due to the SBAC rollout. There is a new legislative guideline that Summit administration must share with our learning community that parents MAY opt-out of the SBAC tests for 2015/16. It is still a school-wide, and statewide expectation that Summit participates in the SBAC test and we must also target 95% participation. However, I now have the responsibility to share with parents the opt-out policy.

I would like to thank all of the volunteers who have been collaborating with *Summit Learning Charter* this year. Your time in our classes and with our school is an enormous asset. Thank you for all that you are doing! Let's keep working together to make this year terrific!

Sean Gallagher, Principal
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@mr_sgallagher



Welcome back to **SCHOOL**, parents!



My name is **Erin Barry** and along with the Middle School Leadership class, we are thrilled to be the Box Tops for Education™ Coordinators for Summit Learning Charter. Clipping Box Tops is an easy way for you to help our school earn cash. Box Tops are each worth 10¢ each and they quickly add up to real cash for our school. Once we send in all our Box Tops, our school will receive a check from Box Tops for Education™ in December, and again in April. To see a list of participating products, go to BTFE.com.

If you have any questions, please don't hesitate to contact me at ebarry@summitlc.org. I'm here to make our school's Box Tops for Education program a huge success this year.

Thanks for your help!

SAVE THE DATE

Oct 9	State Inservice/No School
Oct 20	Pumpkin Patch FT #1
Oct 20	Eagle Creek Campus CLOSED
Oct 21	Track Meet
Oct 27	Pumpkin Patch FT #2
Nov 11	Veteran's Day - No School
Nov 18	Mt Hood Lane Bowling
Nov 25-27	Thanksgiving Break - No School
Dec 16	Family Game Day
Dec 19 - Jan 3	Winter Break - No School

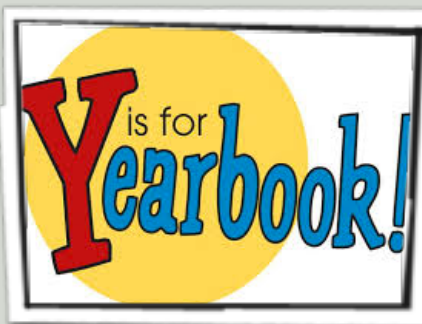


There are many PE classes, study halls, enrichment opportunities (Music, Art, Lego Robotics Club) planned for our students.

Check our **NEW** website calendar for more detailed information-it's updated daily!

summitlearningcharter.org

Please note: Some of the events listed above require advance registration/payment.



That's right, Summit Learning Charter will be working on our first ever **Yearbook** that will be for sale for all Summit students and families.

It will be a fun way to look back at the events of the year, remember friends and good times had while being a student with us.

Field trips, school assemblies, class photos, graduates, and all the fun goings on regularly at our school - an exciting opportunity to strengthen our community and share what we do.

If you have some interest in supporting the project, please connect with Lyn Woodruff via email

lwoodruff@summitlc.org.



I Have to *Teach* My Children To Be Kind?! Yes – You Do!

And most of that teaching is by example. What would your grade be?

“I have learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

– *Maya Angelou*

Kindness - the quality of being friendly, generous, considerate and helpful.

Most people probably think that everyone knows how to be kind. It's natural, right? Well, studies show that while kindness is innate and that we are born to be kind by nature, like many other traits kindness, compassion and empathy are actually learned. And where do children learn kindness? Right at home. It is parents and other significant caregivers who lay the foundation for kindness in our kids. Think of yourself as an art teacher and your child as blank canvas – what colors of paint are you putting on the canvas?

Kindness - The Copycat Effect – I hear what you say but I believe what you do.

Kindness isn't taught by telling, it's taught by doing. Children learn kindness by observing it in action and hearing it in words. And this starts at home. Children must observe and experience it in their daily interactions within the family. Simply talking about kindness or telling your child how to act won't teach them. Children of all ages are more likely to respond to and follow your example than your lecture. Of course, we all have our bad days. A conflict with a coworker, a rude driver, misbehavior amongst your children... Is it ok to grumble about it? Sure. Just do it gently. And be sure to keep the conversation appropriate for children (do not use names when discussing adult conflicts). Their development and maturity are different from yours. Something you say in sarcasm, jest, or frustration can have a very different meaning for them. And try to end the comments or conversation with a positive statement. “I was so frustrated about what happened at work today. I'm looking forward to a better day tomorrow!”

Kindness - The Boomerang Effect – Kindness is hard to give away because it keeps coming back to you!

It might be more typical to think about kindness in terms of what the person on the receiving end of the action or gesture is getting. We have all experienced how it felt to have someone go out of their way or do something surprisingly considerate for us. It feels pretty wonderful! But kindness actually has a much larger impact that just how it affects the receiver. The giver benefits as well.

Kindness is like a boomerang, what you throw out there will come back to you, but not necessarily in ways that you might expect. A person who extends kindness is rewarded emotionally and physically. Some emotional benefits from expressing kindness include a sense of personal satisfaction and well-being. These help the giver to feel more connected to others, which adds to confidence, security and a sense of inner peace. There are also physical benefits from being kind to others. Studies show that kind acts create a sense of physical calmness and relaxation, increase your energy level, can ease pain, and even reduce high blood pressure and excessive stomach acid. So you actually feel better when you show kindness!

Kindness – The Ripple Effect – Be kind with no expectation of reward other than someone benefited from the action and will do the same for another.

Kindness is contagious, and in this case that's a good thing! Extending kind actions and using kind words travels beyond that single situation. The positive affects from kindness change your attitude in that moment, and with continual practice, become a learned behavior – which changes your daily outlook on life. Additionally, when a person is a recipient of kindness, they become inspired to duplicate the behavior. We must teach children to be “intentionally” kind and to use kind words and gentle actions first. This will help them to become caring, respectful, responsible students, friends, community members, and later parents themselves. Of course, it doesn't stop there but ripples out into future generations!

“After all of this is over, all that will have really mattered is how we treated each other.”

Marybeth Conaway, School Counselor
mconaway@summitlc.org



SAVE THE DATE!
1st Annual Track Meet
 Wed. Oct. 21st
 10:00 am - Noon
 SLC Eagle Creek Campus

Students and families come join the Summit staff and participate in numerous track and field events such as: Shot Put, javelin, discus, triple jump, long jump, high jump, relay races, sprints, and long distance races! Hope to see you there!

Questions: Contact Mrs. Cairns at kcairns@summitlc.org



Costa Rica Info Meeting

--for study abroad Spring Break 2017--

Wednesday, October 7th from 6:30-7:15
 in Jennifer Fullilove's online classroom.:

<https://summit.adobeconnect.com/fullilove>

View the itinerary and sign up here:

www.explorica.com/Fullilove-4558



Next Board Meeting . . .

Thursday, October 22, 2015
 5:30 pm
 SLC Board Room

SLC Principal

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